

LUCID PATH · STEADFAST SERIES



Bedtime Blessings

365 Nights of Blessing Your Kids

A free companion to *Devotional for Dads*



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INTRODUCTION

For as long as there have been fathers, they have spoken blessings over their children. Not magic words, just a father naming out loud the good he hopes for his child, and pointing them to the God who can give it. It takes about a minute, and your kids will remember it long after they have forgotten almost everything else.

This is a full year of those blessings, 365 in all, arranged in 52 weeks to walk right alongside *Devotional for Dads*. While you spend a week in the devotional working on your own heart, you can spend that same week speaking a blessing over your kids on the very same theme. What you are becoming, you get to hand to them, one night at a time.

HOW TO USE THIS BOOK

- Each week has a theme and a verse. Under it are seven blessings, one for each night.
- Go one night at a time, in order, or pick the one that fits the day your child just had.
- Say it slowly. Put a hand on their head or shoulder if you like. Let them hear their own name in it.

You do not have to believe you are good at this. You just have to mean it.



SECTION ONE

Identity

WEEKS 1–5

Before anything else, your child needs to know whose they are and who they are. These first nights bless them with a steady sense of self.

Who You Are

"I praise you because I am fearfully and wonderfully made."

PSALM 139:14

Night 1 May you know tonight that you were made on purpose. There is no one else like you, and the world needed exactly you.

Night 2 May you never have to pretend to be someone else to be loved. You are enough, just as you are.

Night 3 May you see yourself the way God sees you: wonderfully made, deeply wanted, fully known.

Night 4 May you carry a quiet confidence about who you are, even on the days you feel unsure.

Night 5 May you know that your worth was never something to earn. It was yours the day you were born.

Night 6 May you grow into exactly who you were meant to be, and may you like who you find.

Night 7 May you rest tonight knowing you are not a mistake. You are a gift, and you are loved.

You Belong Here

| "Do not fear, for I have redeemed you; I have summoned you by name; you are mine." ISAIAH 43:1

Night 1 May you always know you belong. In this family and this home, you have a place that is yours.

Night 2 May you never wonder whether you are wanted. You were wanted before you arrived, and you are wanted still tonight.

Night 3 May you feel, deep down, that you are held, and that you are not on your own in this world.

Night 4 May you know your name is spoken with love, by us and by the God who called you His own.

Night 5 May you carry the safety of being wanted into every room you ever walk into.

Night 6 May you never have to earn your place here. You had it the moment you became ours.

Night 7 May you sleep tonight sure of one thing: you belong, and you are loved.

A Good Name

| "A good name is more desirable than great riches; to be esteemed is better than silver or gold." PROVERBS 22:1

Night 1 May you grow into a name people trust. May your word be good and your heart be honest.

Night 2 May you be known as someone kind, long before you are known for anything else.

Night 3 May you do the right thing even when it is hard, and even when no one is watching.

Night 4 May you never trade who you are for what you might get.

Night 5 May the people who know you best be the ones who respect you most.

Night 6 May you carry your name with quiet pride, and give others no reason to doubt it.

Night 7 May you rest tonight as someone good, becoming someone better.

A Gentle Heart

"Let your gentleness be evident to all. The Lord is near."

PHILIPPIANS 4:5

Night 1 May you be gentle with the people around you, and just as gentle with yourself.

Night 2 May you be strong enough to be kind, even when others are not.

Night 3 May you use your words to build people up, never to tear them down.

Night 4 May you keep a soft heart in a hard world, and may it never harden.

Night 5 May you be the one who stays patient when everyone else is in a hurry.

Night 6 May your gentleness be a kind of strength that people remember.

Night 7 May you rest tonight with a calm and gentle heart.

When You Don't Know

| "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault." JAMES 1:5

Night 1 May you never be afraid to say I do not know, or to ask for help when you need it.

Night 2 May you grow wise, and may you learn that asking is where wisdom begins.

Night 3 May you have people to turn to, and the humility to turn to them.

Night 4 May you make good choices, and may you learn from the ones that go wrong.

Night 5 May you trust that God gives wisdom freely to anyone who asks.

Night 6 May you slow down long enough to think, and to pray, before you decide.

Night 7 May you rest tonight knowing you do not have to have all the answers.



SECTION TWO

Presence

WEEKS 6–10

*The blessing of a calm home and a father who is truly present.
These nights bless your child with peace, attention, and rest.*

You Are Worth Stopping For

"Whoever welcomes one such child in my name welcomes me." MATTHEW 18:5

Night 1 May you always know you are worth stopping for. When you speak, may the people who love you truly listen.

Night 2 May you never have to compete for attention in your own home. You matter here.

Night 3 May you feel seen, not just looked at, by the people closest to you.

Night 4 May you grow up sure that your voice is worth hearing.

Night 5 May the ones who love you put down what they are holding to be with you.

Night 6 May you learn, from being listened to, how to listen well to others.

Night 7 May you rest tonight knowing you are noticed, wanted, and worth every pause.

A Quiet Mind

| "Be still, and know that I am God." PSALM 46:10

Night 1 May your mind grow quiet tonight, and may the worries of the day let go of you.

Night 2 May you learn how to be still, and to find God in the quiet.

Night 3 May you not carry today into tomorrow, but set it down and rest.

Night 4 May you know a peace that does not depend on everything going right.

Night 5 May the noise of the world grow soft, and your heart grow calm.

Night 6 May you find, even as a child, the gift of a still and settled mind.

Night 7 May you sleep tonight in peace, held by a God who never sleeps.

The Ordinary Days

| "This is the day that the Lord has made; let us rejoice and be glad in it." PSALM 118:24

Night 1 May you find joy in ordinary days, not just the big ones.

Night 2 May you notice the small good things: a warm meal, a kind word, a quiet evening.

Night 3 May you learn that most of a good life is made of ordinary moments.

Night 4 May you never wait for someday to be happy. May today be enough.

Night 5 May you carry gladness into the plain and unremarkable hours.

Night 6 May you look back on these ordinary days one day and call them the good years.

Night 7 May you rest tonight grateful for a normal, ordinary gift of a day.

You Come First

| "What good is it for someone to gain the whole world, yet
forfeit their soul?" MARK 8:36

Night 1 May you always know that you matter more than any job, any schedule, any screen.

Night 2 May you never doubt that you come before the busyness of this house.

Night 3 May the people who love you guard their time for you.

Night 4 May you learn from us what is worth more than money and what is worth less.

Night 5 May you feel chosen, again and again, over everything that competes for our time.

Night 6 May you grow up sure that you were never in the way, but always the point.

Night 7 May you rest tonight knowing you are treasured above all the things that shout for attention.

Rest

| "Come to me, all you who are weary and burdened, and I will give you rest." MATTHEW 11:28

Night 1 May you learn that rest is not laziness, but part of how you were made.

Night 2 May you never feel you have to earn the right to stop and breathe.

Night 3 May you take your tiredness to God, and find that He carries what you cannot.

Night 4 May you grow up knowing when to push and when to rest.

Night 5 May you find real rest, the kind that reaches past your body to your heart.

Night 6 May you never wear your exhaustion like a badge, but guard your rest like a gift.

Night 7 May you sleep deeply tonight, and wake tomorrow with strength restored.



SECTION THREE

Strength

WEEKS 11–17

Real strength is gentle. These nights bless your child with courage, patience, and a steady, quiet heart.

A Listening Heart

| "Everyone should be quick to listen, slow to speak and slow to become angry." JAMES 1:19

Night 1 May you learn to listen well, to hear people all the way through before you answer.

Night 2 May you be quick to listen and slow to speak, and may it make you wise.

Night 3 May you make people feel heard, the way you hope to be heard.

Night 4 May you listen not just to words, but to what people are really saying.

Night 5 May you have the patience to let others finish, and the humility to learn from them.

Night 6 May listening make you a good friend, and a kind one.

Night 7 May you rest tonight with a quiet, listening heart.

When You're Angry

| "In your anger do not sin: Do not let the sun go down while you are still angry." EPHESIANS 4:26

Night 1 May you learn that being angry is not wrong, but that what you do with it matters.

Night 2 May you find words for your anger instead of letting it find its own way out.

Night 3 May you never let the sun go down on a fight you could have mended.

Night 4 May you grow strong enough to stay calm when everything in you wants to shout.

Night 5 May you learn to cool down before you speak, and to forgive before you sleep.

Night 6 May your anger never rule you, but may you learn to rule it.

Night 7 May you rest tonight with a settled heart and nothing left unforgiven.

Saying Sorry

| "Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy." PROVERBS 28:13

Night 1 May you never be too proud to say I am sorry.

Night 2 May you learn that admitting you were wrong is a kind of strength, not weakness.

Night 3 May you make things right quickly, before they grow heavy.

Night 4 May you know that a real apology can heal almost anything.

Night 5 May you forgive others the way you hope to be forgiven.

Night 6 May you carry no grudges to bed, and wake with a clean heart.

Night 7 May you rest tonight with nothing standing between you and the people you love.

Strong and Kind

"Act justly, love mercy, and walk humbly with your God."

MICAH 6:8

Night 1 May you be strong and kind at the same time, and may you never think they are opposites.

Night 2 May you act fairly, love mercy, and stay humble.

Night 3 May you use whatever strength you have to protect people, never to hurt them.

Night 4 May you be gentle with the weak and brave with the strong.

Night 5 May kindness be your first instinct and your steady habit.

Night 6 May people feel safer because you are in the room.

Night 7 May you rest tonight as someone strong enough to be gentle.

A Servant Heart

| "Let each of you look not only to your own interests, but also to the interests of others." PHILIPPIANS 2:4

Night 1 May you look out for others, not only for yourself.

Night 2 May you find that helping people is one of life's quiet joys.

Night 3 May you lead, one day, by serving, so that people follow because they trust you.

Night 4 May you notice who is left out, and go and stand with them.

Night 5 May you give without keeping score.

Night 6 May you learn that the best kind of person lifts others up.

Night 7 May you rest tonight with a generous, serving heart.

Don't Give Up

"Let us run with perseverance the race marked out for us."

HEBREWS 12:1

Night 1 May you learn to keep going, even when something is hard.

Night 2 May you finish what you start, and be proud of sticking with it.

Night 3 May you fail sometimes, get back up, and try again.

Night 4 May you run your own race and not worry about anyone else's.

Night 5 May you have the grit to push through the tired, boring middle of hard things.

Night 6 May you discover that you are far tougher than you feel tonight.

Night 7 May you rest tonight, and rise tomorrow ready to keep going.

Real Strength

| "The Lord is my strength and my shield; my heart trusts in him, and he helps me." PSALM 28:7

Night 1 May you know that real strength is quiet, steady, and kind.

Night 2 May you find your strength in God, and not only in yourself.

Night 3 May you be the calm one when everything around you is loud.

Night 4 May you be strong for others when they cannot be strong for themselves.

Night 5 May you never confuse being loud with being strong.

Night 6 May your strength be the kind that people can lean on.

Night 7 May you rest tonight, strong and safe, your heart trusting in God.



SECTION FOUR

Love

WEEKS 18–22

The love your child sees at home is the love they carry into the world. These nights bless them with a love that holds and lasts.

Being Loved

"We love because he first loved us."

1 JOHN 4:19

Night 1 May you never doubt, even for a moment, that you are loved.

Night 2 May you know that you were loved first, before you could do anything to earn it.

Night 3 May you feel loved not for what you do, but simply for who you are.

Night 4 May the love you are given at home teach you what love is.

Night 5 May you carry the certainty of being loved into every hard day.

Night 6 May you know there is nothing you could do to make us love you less.

Night 7 May you rest tonight wrapped in a love that will never let you go.

Learning to Love

| "Dear friends, let us love one another, for love comes from God." 1JOHN 4:7

Night 1 May you learn to love people well, freely and without keeping count.

Night 2 May you love not only those who are easy to love, but those who are not.

Night 3 May you show love in what you do, and not only in what you say.

Night 4 May your love make people braver, softer, and more themselves.

Night 5 May you learn that real love is patient and kind.

Night 6 May you give love away and find that you have more, not less.

Night 7 May you rest tonight with a heart full and ready to love.

Making Up

| "Blessed are the peacemakers, for they will be called children of God." MATTHEW 5:9

Night 1 May you be a peacemaker, quick to mend what is broken.

Night 2 May you learn that making up is braver than staying angry.

Night 3 May you never let a small fight grow into a big wall.

Night 4 May you be the first to reach out, even when you were not the only one who was wrong.

Night 5 May you learn to disagree without being cruel.

Night 6 May you know that love is not never fighting, but always finding your way back.

Night 7 May you rest tonight at peace with the people you love.

A Loving Home

| "How good and pleasant it is when God's people live together in unity!" PSALM 133:1

Night 1 May you always feel that home is a safe place, and a kind one.

Night 2 May you help make our home warm by the way you treat the people in it.

Night 3 May you find, in this family, people who are truly on your side.

Night 4 May you learn that a good home is built by everyone, a little every day.

Night 5 May you carry the peace of a loving home wherever you go.

Night 6 May you be, one day, the reason someone else's home feels safe.

Night 7 May you rest tonight in a home where you are loved and you belong.

Love That Lasts

"Love never fails."

1 CORINTHIANS 13:8

Night 1 May you love in a way that lasts, through easy days and hard ones.

Night 2 May you learn that real love is a choice you keep making, not just a feeling.

Night 3 May you stay loyal to the people you love, even when it costs you.

Night 4 May you see, in the love around you, that some things do not fade.

Night 5 May you never give up on the people worth holding onto.

Night 6 May you know a love that never fails, the kind God has for you.

Night 7 May you rest tonight held by a love that will still be there in the morning.



SECTION FIVE

Growing

WEEKS 23–28

Every child stumbles. These nights bless your child with the grace to fail, the strength to rise, and the courage to try again.

Growing Through Hard Things

| "Suffering produces perseverance; perseverance, character; and character, hope." ROMANS 5:3-4

Night 1 May you learn that hard things can grow good things in you.

Night 2 May you not run from every difficulty, but let some of them shape you.

Night 3 May the tough days build patience in you, and patience build strength.

Night 4 May you look back one day and thank the struggles that made you who you are.

Night 5 May you trust that nothing you go through is ever wasted.

Night 6 May you grow, through every hard season, into someone steady and strong.

Night 7 May you rest tonight knowing tomorrow's challenges will only make you braver.

It Is Okay to Make Mistakes

"For though the righteous fall seven times, they rise again."

PROVERBS 24:16

- Night 1** May you never be so afraid of failing that you stop trying.
- Night 2** May you know that everyone falls, and what matters is getting back up.
- Night 3** May you learn more from your mistakes than from your easy wins.
- Night 4** May you be gentle with yourself when you get things wrong.
- Night 5** May a bad day never make you believe you are a bad kid.
- Night 6** May you rise, again and again, every time you fall.
- Night 7** May you rest tonight knowing that tomorrow is a fresh start.

Grace

| "My grace is sufficient for you, for my power is made perfect in weakness." 2 CORINTHIANS 12:9

Night 1 May you know that you do not have to be perfect to be loved.

Night 2 May you receive grace when you fail, and learn to give it away too.

Night 3 May you be kind to people who make mistakes, the way you hope they will be kind to you.

Night 4 May you never keep a list of everyone's wrongs.

Night 5 May you find that grace is stronger than punishment, and it lasts longer.

Night 6 May you be quick to forgive, and slow to hold a grudge.

Night 7 May you rest tonight covered in grace, right where you are.

Doing the Right Thing

"Whoever can be trusted with very little can also be trusted with much." LUKE 16:10

Night 1 May you do the right thing, even in small things no one notices.

Night 2 May you be someone whose word can always be trusted.

Night 3 May you keep your promises, even the little ones.

Night 4 May you do what is right when it is hard, and not only when it is easy.

Night 5 May you be honest when a lie would be simpler.

Night 6 May people learn they can count on you, because you count on yourself.

Night 7 May you rest tonight with a clear and honest heart.

Self Control

"Better a patient person than a warrior, one with self-control than one who takes a city." PROVERBS 16:32

Night 1 May you learn to be the boss of your own feelings, not the other way around.

Night 2 May you find that patience is a kind of strength few people have.

Night 3 May you learn to wait, to pause, and to think before you act.

Night 4 May you master your temper before it masters you.

Night 5 May you stay calm when it would be easier to lose control.

Night 6 May you know that ruling yourself is harder, and better, than ruling anyone else.

Night 7 May you rest tonight with a calm and steady spirit.

Getting Back Up

“Though he may stumble, he will not fall, for the Lord upholds him with his hand.” PSALM 37:24

Night 1 May you stumble sometimes and never stay down.

Night 2 May you know that falling is part of learning, not the end of it.

Night 3 May you feel God’s hand holding you up when your own legs give way.

Night 4 May you have the courage to try again after it goes wrong.

Night 5 May you never let one failure decide what you believe about yourself.

Night 6 May you rise every time, a little wiser and a little stronger.

Night 7 May you rest tonight, and get back up tomorrow, held the whole way.



SECTION SIX

Trust

WEEKS 29–34

Your child was never meant to carry grown-up worries. These nights bless them with trust, comfort, and the certainty of being cared for.

You Are Cared For

| "Look at the birds of the air... your heavenly Father feeds them.
Are you not much more valuable than they?" MATTHEW 6:26

Night 1 May you know that you are watched over, fed, and cared for, every single day.

Night 2 May you never carry the worries that belong to grown-ups.

Night 3 May you trust that the people who love you will always make sure you have what you need.

Night 4 May you see how God cares for even the smallest things, and know He cares far more for you.

Night 5 May you feel safe and provided for, tonight and every night.

Night 6 May you grow up free of the fear of not having enough.

Night 7 May you rest tonight without a single worry, deeply cared for.

You Don't Have to Carry It Alone

| "Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken." PSALM 55:22

Night 1 May you never feel you have to carry your worries by yourself.

Night 2 May you bring the heavy things to the people who love you, and to God.

Night 3 May you learn that asking for help is wise, not weak.

Night 4 May you hand your fears to God tonight and let Him hold them.

Night 5 May you always have someone to share the weight with.

Night 6 May you know that you were never meant to do life alone.

Night 7 May you rest tonight with your worries set down and your heart light.

Enough

| "The Lord is my shepherd; I lack nothing." PSALM 23:1

Night 1 May you learn that you have enough, and that you are enough.

Night 2 May you be thankful for what you have instead of aching for what you do not.

Night 3 May you never measure your worth by what you own.

Night 4 May you find contentment, a rare and quiet treasure.

Night 5 May you have all you need, and the wisdom to see that you do.

Night 6 May you know the Lord as your shepherd, who makes sure you lack nothing.

Night 7 May you rest tonight satisfied, wanting for nothing.

When You're Afraid

| "Do not fear, for I am with you; do not be dismayed, for I am your God." ISAIAH 41:10

Night 1 May you not be ruled by fear, for God is with you.

Night 2 May you feel a hand holding yours in the dark.

Night 3 May you be brave, not because there is nothing to fear, but because you are not alone.

Night 4 May your fears grow small next to the God who is bigger than all of them.

Night 5 May you always have someone to run to when you are afraid.

Night 6 May courage grow in you, quietly, night after night.

Night 7 May you rest tonight unafraid, held and kept safe.

Learning to Trust

| "The Lord is good, a refuge in times of trouble. He cares for those who trust in him." NAHUM 1:7

Night 1 May you learn to trust, even when you cannot see how things will work out.

Night 2 May you find that God is a safe place in times of trouble.

Night 3 May you trust the people who have proven they love you.

Night 4 May you let go of what you cannot control, and rest.

Night 5 May trust come more easily to you as you see how you are cared for.

Night 6 May you know that you can lean your whole weight on God, and He will hold.

Night 7 May you rest tonight, trusting that you are safe.

God Provides

| "And my God will meet all your needs according to the riches of his glory in Christ Jesus." PHILIPPIANS 4:19

Night 1 May you always have what you need, in every season of your life.

Night 2 May you learn to look for the ways you are provided for, and give thanks.

Night 3 May you trust that God will meet your needs, again and again.

Night 4 May you never mistake wants for needs, or forget how much you already have.

Night 5 May you be generous, because you trust there will always be enough.

Night 6 May you look back on your life one day and see how you were always taken care of.

Night 7 May you rest tonight, provided for and at peace.



SECTION SEVEN

Legacy

WEEKS 35–40

Your child is becoming someone. These nights bless the person they are growing into and the light they will carry into the world.

A Light in the World

| "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." MATTHEW 5:16

Night 1 May you be a light wherever you go, and may your kindness be the kind people notice.

Night 2 May you make the rooms you enter a little warmer.

Night 3 May you use whatever you are given to do good in the world.

Night 4 May your good deeds point people toward something bigger than you.

Night 5 May you never hide the best of who you are.

Night 6 May you leave people better than you found them.

Night 7 May you rest tonight as a small, steady light in the world.

The Faith You're Given

| "One generation commends your works to another; they tell of your mighty acts." PSALM 145:4

Night 1 May the faith passed down to you become truly your own.

Night 2 May you carry forward the good things this family believes.

Night 3 May you tell your own children, one day, of the God who carried you.

Night 4 May you hold onto what is true, even when the world tells you to let it go.

Night 5 May the faith you inherit be a gift, and never a burden.

Night 6 May you add your own story to the long line of those who trusted God.

Night 7 May you rest tonight, held by a faith older than you know.

Growing Brighter

| "The path of the righteous is like the morning sun, shining
ever brighter till the full light of day." PROVERBS 4:18

Night 1 May you grow a little brighter, a little wiser, with every passing year.

Night 2 May your best days be ahead of you, not behind.

Night 3 May you never stop growing, learning, and becoming more yourself.

Night 4 May the path of your life get clearer and better as you walk it.

Night 5 May you be more kind at forty than you are today, and more still at eighty.

Night 6 May your life shine brighter the longer you live it.

Night 7 May you rest tonight, growing even as you sleep.

Your Story

| "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

EPHESIANS 2:10

Night 1 May you know that your life is a story worth telling.

Night 2 May you believe you were made on purpose, for good things prepared just for you.

Night 3 May you play your part in the world with courage and joy.

Night 4 May you never think your life is too small to matter.

Night 5 May you write a story, with your days, that you will be proud of.

Night 6 May you trust that God has good work for you to do.

Night 7 May you rest tonight, sure that your story is only beginning.

Leaving Things Better

| "Well done, good and faithful servant! ... Come and share your master's happiness!" MATTHEW 25:21

Night 1 May you leave every place a little better than you found it.

Night 2 May you be faithful in small things, and be trusted with big ones.

Night 3 May you do good quietly, without needing anyone to notice.

Night 4 May the work of your hands bless the people who come after you.

Night 5 May you plant good things whose fruit you may never see.

Night 6 May you hear, one day, the words well done.

Night 7 May you rest tonight, having done a little good today.

Who You'll Become

| "He who began a good work in you will carry it on to completion until the day of Christ Jesus." PHILIPPIANS 1:6

Night 1 May you become, over a lifetime, the very best of who you can be.

Night 2 May you trust that God is not finished with you yet.

Night 3 May you be patient with yourself as you grow.

Night 4 May the good work started in you be carried all the way through.

Night 5 May you like the person you are becoming.

Night 6 May you never give up on yourself, because God has not.

Night 7 May you rest tonight, a good work in progress, deeply loved.



SECTION EIGHT

Prayer

WEEKS 41–47

Faith is caught more than taught. These nights bless your child with a living, honest connection to the God who hears them.

Talking to God

| "Trust in him at all times, you people; pour out your hearts to him, for God is our refuge." PSALM 62:8

Night 1 May you learn that you can talk to God about anything, anytime.

Night 2 May prayer become as natural to you as talking to a friend.

Night 3 May you pour out your heart to God and find Him listening.

Night 4 May you never feel you have to clean yourself up before you pray.

Night 5 May you bring God your joys and your worries, both.

Night 6 May you find, in prayer, a refuge you can always run to.

Night 7 May you rest tonight having said whatever was on your heart.

God Hears You

| "The righteous cry out, and the Lord hears them; he delivers them from all their troubles." PSALM 34:17

Night 1 May you know that when you call, God hears you.

Night 2 May you never feel that your voice is too small to be heard.

Night 3 May you trust that your prayers do not disappear into the dark.

Night 4 May you be heard, always, by the God who is close to you.

Night 5 May you learn that God listens even to the quietest cry.

Night 6 May you find comfort in knowing you are never talking to no one.

Night 7 May you rest tonight, heard and held.

When God Feels Far Away

"The Lord is near to all who call on him, to all who call on him in truth." PSALM 145:18

Night 1 May you know that even when God feels far away, He is near.

Night 2 May you keep talking to God on the days it feels like no one is listening.

Night 3 May you learn that a feeling is not the same as the truth.

Night 4 May you trust that God is close, whether you feel it or not.

Night 5 May the quiet times grow your faith instead of shrinking it.

Night 6 May you always find your way back to God, no matter how far you wander.

Night 7 May you rest tonight, near to the God who is near to you.

Ask Him Anything

| "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." MATTHEW 7:7

Night 1 May you be bold enough to ask God for what you need.

Night 2 May you keep asking, keep seeking, and keep knocking.

Night 3 May you trust that God is good, and gives good things.

Night 4 May you not be afraid to bring God your biggest hopes.

Night 5 May you learn that some answers come slowly, and that is all right.

Night 6 May you trust God even with the prayers He answers differently than you asked.

Night 7 May you rest tonight, your hopes safe in good hands.

When You Don't Have the Words

| "All my longings lie open before you, Lord; my sighing is not hidden from you." PSALM 38:9

Night 1 May you know that God understands you, even when you cannot find the words.

Night 2 May you bring God your silence, your tears, and your tiredness.

Night 3 May you never feel you have to pray perfectly to be heard.

Night 4 May God read the prayer inside you that you cannot say out loud.

Night 5 May you trust that a quiet heart turned toward God is already a prayer.

Night 6 May you find peace in being fully known, even in your silence.

Night 7 May you rest tonight, understood without a single word.

Trusting God

| "But I trust in you, Lord; I say, 'You are my God.' My times are in your hands." PSALM 31:14-15

Night 1 May you learn to trust God with the things you cannot control.

Night 2 May you place your days, and your future, in good hands.

Night 3 May you trust that your times are held by Someone who loves you.

Night 4 May you let go of what you were never meant to carry.

Night 5 May trust grow in you until it is stronger than your fear.

Night 6 May you rest in knowing that God holds tomorrow already.

Night 7 May you sleep tonight, your whole life safe in His hands.

A Faith That Carries You

| "For we live by faith, not by sight." 2 CORINTHIANS 5:7

Night 1 May you have a faith that holds you up, even when you cannot see the way.

Night 2 May you learn to walk by faith when the path is dark.

Night 3 May you trust what is true even more than what you can see.

Night 4 May your faith grow deep roots, so no storm can pull it up.

Night 5 May you find that faith is not certainty, but trust.

Night 6 May the faith you carry become the faith that carries you.

Night 7 May you rest tonight, held up by a faith stronger than the dark.



SECTION NINE

Finish

WEEKS 48–52

These last nights bless your child with all it takes to go the distance, and end with the oldest blessing in Scripture, for the 365th night.

Keep Going

| "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." GALATIANS 6:9

Night 1 May you learn to keep going, even when the good you do goes unseen.

Night 2 May you not grow tired of doing what is right.

Night 3 May you trust that small good things add up over a lifetime.

Night 4 May you keep planting kindness, even before you see it grow.

Night 5 May you finish the things that matter, one steady step at a time.

Night 6 May you never give up too soon on something worth doing.

Night 7 May you rest tonight, and rise tomorrow to keep going.

You Don't Have to Be Perfect

"As a father has compassion on his children, so the Lord has compassion on those who fear him." PSALM 103:13

Night 1 May you know you do not have to be perfect to be loved.

Night 2 May you be as gentle with yourself as God is with you.

Night 3 May you let go of the impossible weight of getting everything right.

Night 4 May you remember, on your worst days, that you are still deeply loved.

Night 5 May you forgive yourself the way you are forgiven.

Night 6 May you chase goodness, and let go of perfect.

Night 7 May you rest tonight, loved exactly as you are.

Where You Come From

| "For the Lord is good and his love endures forever; his faithfulness continues through all generations." PSALM 100:5

Night 1 May you know you come from love, and carry it forward.

Night 2 May you keep the good that was handed to you, and pass it on.

Night 3 May you honor where you come from while becoming your own person.

Night 4 May you belong to a family whose love outlasts the years.

Night 5 May you be part of a story bigger and older than yourself.

Night 6 May God's faithfulness reach you the way it reached those before you.

Night 7 May you rest tonight, rooted, loved, and free to grow.

Make the Most of Your Days

“Teach us to number our days, that we may gain a heart of wisdom.” PSALM 90:12

Night 1 May you treat each day as the gift it is.

Night 2 May you not wish your life away waiting for someday.

Night 3 May you spend your days on what truly matters.

Night 4 May you be present for the small, good moments as they come.

Night 5 May you grow wise about how short and precious time is.

Night 6 May you look back one day with few regrets and much gratitude.

Night 7 May you rest tonight thankful for the day you were given.

Finishing Well

| "I have fought the good fight, I have finished the race, I have kept the faith." 2 TIMOTHY 4:7

Night 1 May you live a life you are proud of when you reach the end of it.

Night 2 May you finish what you start, and finish it well.

Night 3 May you keep the faith through every season of your life.

Night 4 May you run your whole race with courage and heart.

Night 5 May you be remembered as someone good, kind, and true.

Night 6 May you come to the end of your days at peace, with nothing left unloved.

Night 7 May you rest tonight, one good day behind you and a good life ahead.

A Father's Blessing

The oldest blessing in Scripture, and a good one to end on.

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace."

NUMBERS 6:24-26

May the Lord bless you and keep you. May His face shine on you and be gracious to you. May He look on you with love and give you peace, tonight and all your life.

ONE MORE THING

Thank you for downloading these blessings. I hope they become part of your nights for a long time to come, and that your kids grow up hearing their father ask God to watch over them.

These blessings are a companion to *Devotional for Dads: A 52-Week Christian Devotional for Men*, part of the Steadfast Series from Lucid Path. The blessings here follow the same 52 themes as the devotional, so you can work on your own heart each week and speak that same theme over your kids each night. If someone handed you these blessings and you do not have the devotional yet, that book walks a father through a full year of becoming the steady, present dad his kids need.

More books in the Steadfast Series are on the way. To see what is new, find Lucid Path on Amazon.

And if *Devotional for Dads* has helped you, the kindest thing you can do is leave an honest review on Amazon. It takes two minutes, and it helps another father find the book when he needs it.

Thank you for doing the work of fatherhood. It matters more than you know.